



Valerie Nash

JAN 30, 1959 - MAY 10, 2025



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After a lifetime devoted to her faith, Valerie Nash, 66, went home to Jesus on May 10, 2025.

She passed away after a time of declining health.

Valerie was known for providing encouraging words through prayer, phone calls and greeting cards. She was a very loving, giving, personable, and compassionate person. She was especially courageous through her fights with many health ailments.

Church life took center stage in many of her favorite activities, such as leading Sunday school, going on retreats with friends, and playing Bunco once a month. Valerie also enjoyed sewing, cooking, listening and singing along to music, traveling to the beach, cross country skiing, and thrifting. She liked chocolate, coffee and Diet Coke. Valerie especially enjoyed being a wife, mother, grandmother, sister, and aunt.

She was born on Jan. 30, 1959 in Portland, Ore. to Doug and Janet Larsell, and grew up by the University of Portland. Valerie was a proud middle child between sister Linda and brother Jon, and had fond memories of family trips and picnics, working in her dad's grocery store Gilham's Market, and having fun with friends from school and Rainbow for Girls. She graduated from Roosevelt High School in 1977.

Valerie met Nathan, her husband of nearly 46 years, in Newport, Ore., where he was stationed for the Coast Guard. They held hands for several hours that day and were forever linked. They married in August 1979 and lived inside the Portsmouth Trinity Lutheran Church apartment. Their son Matthew was born in 1983. Valerie and Nathan moved to her parents' rental home a year later, and in 1989 moved to Warren, Ore. where they continued to reside. Along with her diverse interests, she had many work experiences in life that brought many people into her life. She worked for Purdy Brush, Sprouse-Reitz, Northwest Container, First Place Rehabilitation, Community Action Team, Fred Meyer, Riverside Training, Bi-Mart, Wells Fargo, and more. Valerie pursued college at various points in her life as time allowed. Personal growth was important to her academically and spiritually.

She is survived by her beloved husband Nathan; son Matthew and daughter-in-law Stephanie; grandchildren Reed and Oliver; sister Linda and brother-in-law Robert; nephew Christian;



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brother Jon and sister-in-law Karen, and her children; Nathan's brothers and sisters; six nieces and nephews from Nathan's side; several cousins from her parents' side, and many, many friends through work, church and life in general. Valerie was preceded in death by her parents Doug and Janet.

A memorial service will be held May 31, 2025 at 11AM at Columbia River Foursquare, 555 Commons Drive, St. Helens, Ore. See Columbia Funeral Home's website (columbiaafh.com) for more information.

In lieu of flowers or other gifts, family members ask that donations be made to Columbia Pacific Food Bank in St. Helens (cpfoodbank.org).





Events


Valerie Nash

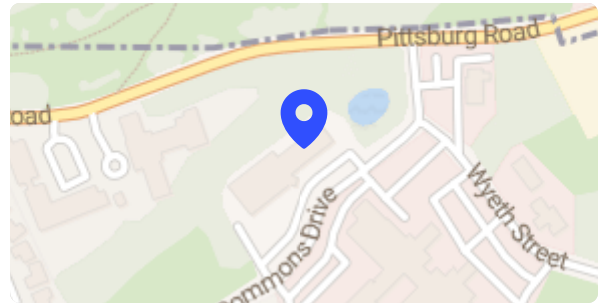
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Celebration of Life

 **Saturday**, May 31, 2025

 11:00 AM PT

 **Columbia River Foursquare Church**
555 Commons Dr., St. Helens OR 97051





Tribute Wall

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CW

Cheryl Waite posted:

Val my pal you will forever be in my heart. How glad I am that I had you in my life even if it wasn't for very long. I remember one time when we worked at CAT she overheard my boss yelling at me on the phone. The next time I went to St Helens for a meeting she met me outside the building with a beautiful bouquet of flowers, simply because she thought I needed them. She always had a kind word, a smile or something to laugh at. I asked her one time if I got her a red nose and some clown shoes would she wear them to work? Absolutely she said!. I just know you are in Heaven with your "boss" God and you're wearing your clown shoes. I will love you forever Val my pal

July 1 at 2:17 PM

DL

Dennis Larsell posted:

Nate, Linda, and John, we are so sorry for your loss. Valerie was taken way too soon. You are in our thoughts and prayers. Dennis and Mary Larsell

May 30 at 11:39 AM

LS

Linda Schuck posted:

Val, I miss you and your laugh! I will always remember the fun times of travel, women's retreats, wine tasting, going to the movies and just general mischief we would get into! Your love for Jesus and wanting others to know Him like you did was a great example for all of us. Our shared memories will always brighten my days till we see each other again in Heaven with our Lord! 💜💜💜

May 30 at 10:23 AM

SG

Sallie Griffin posted:

I was so happy to have Valerie as a friend. You could always share what was on your heart with her, and she would always lift your spirit. Our sons were the same age and attended scouts and church together. We spent many hours together through those times and laughed and bragged about our sons, and laughed and cried over them. She loved Matt so much and was very proud of him in all he did. And then when she found out about her first grandson coming she was over the moon at the thought of being a grandma. She and Nate are a grand example of a Godly marriage, love without judgement. Nate you supported. Valerie through many rough times but you were always by her side supporting her, thank you for taking care of my Val pal, which many friends called her. Valerie keep them laughing in Heaven until we join you someday, I'll miss you till then.

May 30 at 4:41 AM



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LF

Love, The Entire Ellett Family. sent a Multicolor Bright Sympathy Floor Basket to the Nash family.

May 27 at 9:42 AM



LF

Love, The Entire Ellett Family. planted a Memorial Tree in honor of Valerie.

May 27 at 9:42 AM



NN

Nathan Nash posted:

When we first met and were at the Yaquina Head lighthouse we held hands and never let go. The 46 years that followed was wonderful with some trials. But God always lifted us out. He gave you great healing many times. We were blessed with a good son who with his wife gave us 2 grandsons. What an awesome Godly gift. You were an advocate for Jesus in all you did. You praised him publicly and told everyone his Love for us. You impacted so many with God's word. Valerie you called to me, Nate Nate I'm scared. Take me home.I took your hand while I brushed your hair. I felt I had failed you.You were so sick and unknowing I was there.But Asleep as you were a smile on your face. I was certain that Jesus was near. As time drew near and I watched you breathe your last. I knew that I had not failed you for the light on your face radiant. Jesus took your hand. Valerie I Love you so much, I miss our times together. I will try to stay the course so I can see you again. I will praise God for his gift of you. I will stay in the word of God and worship always, To Love God first, then to Love all. Your Husband Nathan , Till we meet again.

May 26 at 6:49 PM



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Krista Mosley posted:

Valerie was always the life of the party and you couldn't help but laugh when you spent time with her. She faced the good and bad in life with humor. She loved Jesus and wasn't shy about telling others about him and what he had to offer. One memory I had a few years back was stopping in Astoria at the river where the old pilings are. We were on our way back from a women's church retreat. We wrote things on a rock that we wanted to let go of and give to God, we chucked those rocks as far as we could into the Columbia River. She will always be my Val Pal and until I see you in Heaven again I will miss you greatly. Spunky, spicy and sweet!

May 14 at 1:32 PM



Elizabeth Millager May 18 at 3:01 PM

Val had a kind heart and fun-loving spirit! She was very thoughtful and generous when my daughter was in the hospital, which was genuinely appreciated. She was a long time member of our bunco group, and we all enjoyed laughing with her! She was loved and will be terribly missed. May Val rest in peace in God's loving arms.



Memories only last if you share them

Join us in honoring Valerie by contributing to a collection of shared memories.



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